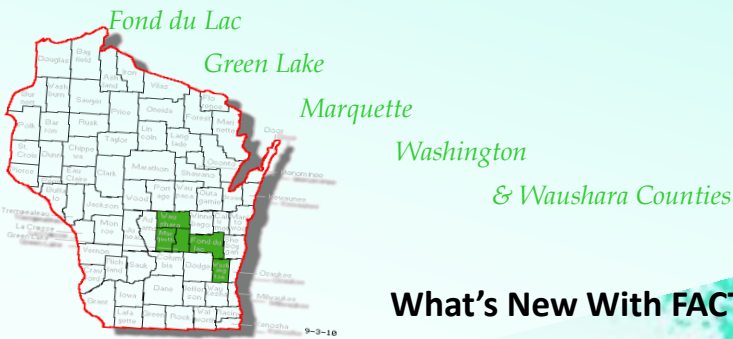


5 Counties for Tobacco-Free Living



Quarterly Newsletter November 2016

FACT ~ GAS ~ Retailer Scans ~ and More

What's New With FACT?

With the start of the school year FACT meetings have started! Our FACT students have been busy at work spreading the truth about tobacco through poster making and participating in coalition events. This year a whopping 37 new students have enrolled in FACT! FACT Board member, Noah Jorgensen, has been featured in this month's state wide FACT newsletter. Great work Noah!

What has made serving on the FACT Board a great experience for you?

Being on the FACT Board has helped me make friends from all over the state. I also have a better understanding of the new issues and concerns about e-cigarettes and other harmful tobacco products. I have gained leadership skills, team work skills and am able to make a difference in Wisconsin.

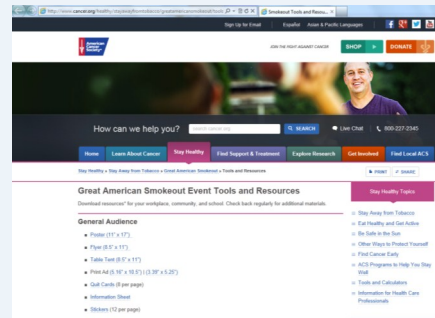


Top left to right: Theisen 8th grade, Woodworth 7th grade

Bottom left to right: N. Jorgensen & K. Jorgensen at the Candidate forum, Sabish 7th grade

Interested in More Quit Resources?

[Click Here](#) to access tools to help you or someone you know quit!



Ready, Set, Quit!

Every year the third Thursday of November is dedicated to The Great American Smokeout. According to the Center for Disease Control smoking is responsible for 1 in 3 cancer-related deaths. Worldwide, tobacco use causes more than 5 million deaths per year. Participating in the Smokeout is an excellent stepping stone to start your journey to quit. If you or someone you know is interested in quitting here are some helpful hints:

- ◇ contact your health care professional to find out if medication is appropriate to use and what kind of medication
- ◇ Research shows that counseling and combining one of the 7 FDA approved cessation medications are more effective than counseling or medication alone

- ◇ Tell your friends, family members, co-workers, and neighbors; it will help to build your support system.
- ◇ Removal of all tobacco products from your house, car, and work desk will help eliminate some urges to smoke.
- ◇ Identifying triggers such as: having your first cigarette waking up in the morning.

For more information and resources about quitting call 1-800-QUIT-NOW or go to <http://ctri.wisc.edu/quitline.htm>

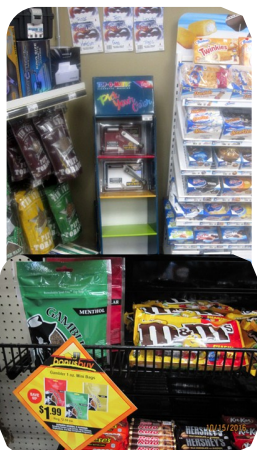
Candidate Forum 2016

The room was full Tuesday night October 25th at MPTC in Fond du Lac as Five Counties for Tobacco-Free Living partnered with Drug Free Communities of Fond du Lac for the 2016 Candidate Forum. In attendance were; from Senate district 18 Dan Feyen and Mark Harris. From Senate District 14 Luther Olsen and Brian Smith. Presenters Dr. Filip Troicki, Radiation Oncologist, Agnesian Cancer Center and Joyce Gau, a volunteer with Drug Free Communities and a Clinical Substance Abuse Counselor, set the stage for the nights topics of tobacco prevention and alcohol misuse and abuse. Candidates were asked important questions pertaining to these topics and community members in attendance we able to ask questions toward the end of the forum.

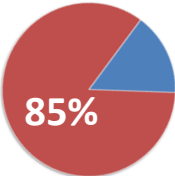


Retailer Scans

FACT members along with tobacco prevention and control staff surveyed 13 retailers in the counties of Green Lake, Marquette, and Waushara Counties. Youth look for product placement, flavorings, and brand types. The information observed by the youth is documented and used to educate local and state leaders and community members.



85% of Pipe Tobacco was found in isles or on endcaps



next to M&M's and bakery items

85% of Cigars were located in self serve displays. Only 15% of cigars found were located behind the counter.



FREE Educational Presentations

Interested in learning more about Other Tobacco Products (OTP) or E-Cigarettes? If so, to schedule a presentation on any or all of these topics for your organization or group, contact: Sandy Bernier (920) 906-5537

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